SALA DIRIGIDA

LUNES	MARTES	MIÉRC.	JUEVES	VIERNES	SÁBADO	DOMINGO
06:00 - 06:30 **BODY BALANCE LES MILLS (Máx 12)**	06:00 - 06:30 **BODY BALANCE LES MILLS (Máx 12)**	06:00 - 06:30 **BODY BALANCE LES MILLS (Máx 12)**	06:00 - 06:30 **BODY BALANCE LES MILLS (Máx 12)**	06:00 - 06:30 **BODY BALANCE LES MILLS (Máx 12)**	08:00 - 09:00 **BODY BALANCE LES MILLS (Máx 12)**	08:00 - 09:00 **BODY BALANCE LES MILLS (Máx 12)**
07:00 - 07:30 **CORE (Máx 12)**	07:00 - 07:30 **BOOTY POWER (Máx 12)**	07:00 - 07:30 **BACK POWER (Máx 12)**	07:00 - 07:30 **BOOTY POWER (Máx 12)**	07:00 - 07:30 **MOBILITY EXPRESS (Máx 12)**	09:30 - 10:30 **BODY COMBAT LES MILLS (Máx 9)**	09:30 - 10:30 **BODY COMBAT LES MILLS (Máx 9)**
08:00 - 09:00 **PILATES LES MILLS (Máx 9)**	08:00 - 09:00 **TONIFICACIÓN (Máx 12)**	08:00 - 09:00 **HIIT (Máx 12)**	08:00 - 09:00 **BODY PUMP LES MILLS (Máx 8)**	08:00 - 09:00 **BOOTY POWER (Máx 12)**	11:00 - 12:00 **TONIFICACIÓN (Máx 12)**	11:00 - 12:00 **BOOTY POWER (Máx 12)**
09:30 - 10:30 **BODY COMBAT LES MILLS (Máx 9)**	09:30 - 10:30 **BODY COMBAT LES MILLS (Máx 9)**	09:30 - 10:30 **BOOTY POWER (Máx 12)**	09:30 - 10:30 **BODY COMBAT LES MILLS (Máx 9)**	09:30 - 10:30 **YOGA (Máx 9)**	12:30 - 13:30 **BOOTY POWER (Máx 12)**	12:30 - 13:30 **GAP (Máx 12)**
11:00 - 12:00 **BOOTY POWER (Máx 12)**	11:00 - 12:00 **BODY PUMP LES MILLS (Máx 8)**	11:00 - 12:00 **BODY PUMP LES MILLS (Máx 8)**	11:00 - 12:00 **PILATES LES MILLS (Máx 9)**	11:00 - 12:00 **BODY COMBAT LES MILLS (Máx 9)**		
12:30 - 13:30 **GAP (Máx 12)**	12:30 - 13:30 **CROSS TRAINING (Máx 12)**	12:30 - 13:30 **YOGA (Máx 9)**	12:30 - 13:30 **HIIT (Máx 12)**	12:30 - 13:30 **GAP (Máx 12)**		
15:30 - 16:00 **BACK POWER (Máx 12)**	15:30 - 16:00 **MOBILITY EXPRESS (Máx 12)**	15:30 - 16:00 **BOOTY POWER (Máx 12)**	15:30 - 16:00 **BACK POWER (Máx 12)**	15:30 - 16:00 **BOOTY POWER (Máx 12)**		
16:30 - 17:30 **BODY PUMP LES MILLS (Máx 8)**	16:30 - 17:30 **PILATES LES MILLS (Máx 9)**	16:30 - 17:30 **BODY PUMP LES MILLS (Máx 8)**	16:30 - 17:30 **PILATES LES MILLS (Máx 9)**	16:30 - 17:30 **HIIT (Máx 12)**		
18:00 - 19:00 **BODY COMBAT LES MILLS (Máx 9)**	18:00 - 19:00 **DANCE FIT (Máx 12)**	18:00 - 19:00 **ZUMBA (Máx 12)**	18:00 - 19:00 **ZUMBA (Máx 12)**	18:00 - 19:00 **BODY COMBAT LES MILLS (Máx 9)**		
19:30 - 20:30 **YOGA (Máx 9)**	19:30 - 20:30 **BODY COMBAT LES MILLS (Máx 9)**	19:30 - 20:30 **YOGA (Máx 9)**	19:30 - 20:30 **BODY COMBAT LES MILLS (Máx 9)**	19:30 - 20:30 **DANCE FIT (Máx 12)**		
21:00 - 21:30 **BOOTY POWER (Máx 12)**	21:00 - 21:30 **CORE (Máx 12)**	21:00 - 22:00 **BACHATA (Máx 18)**	21:00 - 22:00 **BACHATA (Máx 18)**	21:00 - 22:00 **CORE (Máx 12)**		