



## SALA DIRIGIDA

LUNES	MARTES	MIÉRC.	JUEVES	VIERNES	SÁBADO	DOMINGO
07:00 - 07:30 <b>CORE (Máx 12)</b>	07:00 - 07:30 <b>BOOTY POWER (Máx 12)</b>	07:00 - 07:30 <b>CORE (Máx 12)</b>	07:00 - 07:30 <b>BOOTY POWER (Máx 12)</b>	07:00 - 07:30 <b>BACK POWER (Máx 12)</b>	09:30 - 10:30 <b>BODY COMBAT LES MILLS (Máx 9)</b>	09:30 - 10:30 <b>BOOTY POWER (Máx 12)</b>
08:00 - 09:00 <b>TONIFICACIÓN (Máx 12)</b>	08:00 - 09:00 <b>HIIT (Máx 12)</b>	08:00 - 09:00 <b>BOOTY POWER (Máx 12)</b>	08:00 - 09:00 <b>BACK POWER (Máx 12)</b>	08:00 - 09:00 <b>BOOTY POWER (Máx 12)</b>	11:00 - 12:00 <b>TONIFICACIÓN (Máx 12)</b>	11:00 - 12:00 <b>BODY COMBAT LES MILLS (Máx 9)</b>
09:30 - 10:30 <b>BODY COMBAT LES MILLS (Máx 9)</b>	09:30 - 10:30 <b>BODY PUMP LES MILLS (Máx 8)</b>	09:30 - 10:30 <b>BODY COMBAT LES MILLS (Máx 9)</b>	09:30 - 10:30 <b>BOOTY POWER (Máx 12)</b>	09:30 - 10:30 <b>PILATES LES MILLS (Máx 9)</b>	12:30 - 13:30 <b>BOOTY POWER (Máx 12)</b>	12:30 - 13:30 <b>GAP (Máx 12)</b>
11:00 - 12:00 <b>HIIT (Máx 12)</b>	11:00 - 12:00 <b>BOOTY POWER (Máx 12)</b>	11:00 - 12:00 <b>PILATES LES MILLS (Máx 9)</b>	11:00 - 12:00 <b>BODY PUMP LES MILLS (Máx 8)</b>	11:00 - 12:00 <b>BODY COMBAT LES MILLS (Máx 9)</b>		
12:30 - 13:30 <b>BOOTY POWER (Máx 12)</b>	12:30 - 13:30 <b>BACK POWER (Máx 12)</b>	12:30 - 13:30 <b>GAP (Máx 12)</b>	12:30 - 13:30 <b>HIIT (Máx 12)</b>	12:30 - 13:30 <b>GAP (Máx 12)</b>		
15:15 - 16:00 <b>BOOTY POWER (Máx 12)</b>	15:15 - 16:00 <b>BACK POWER (Máx 12)</b>	15:15 - 16:00 <b>BOOTY POWER (Máx 12)</b>	15:15 - 16:00 <b>CORE (Máx 12)</b>	15:15 - 16:00 <b>BOOTY POWER (Máx 12)</b>		
16:30 - 17:30 <b>BODY COMBAT LES MILLS (Máx 9)</b>	16:30 - 17:30 <b>BOOTY POWER (Máx 12)</b>	16:30 - 17:30 <b>BACK POWER (Máx 12)</b>	16:30 - 17:30 <b>BODY PUMP LES MILLS (Máx 8)</b>	16:30 - 17:30 <b>PILATES LES MILLS (Máx 9)</b>		
18:00 - 19:00 <b>DANCE FIT (Máx 12)</b>	18:00 - 19:00 <b>BODY PUMP LES MILLS (Máx 8)</b>	18:00 - 19:00 <b>ZUMBA (Máx 12)</b>	18:00 - 19:00 <b>ZUMBA (Máx 12)</b>	18:00 - 19:00 <b>BODY COMBAT LES MILLS (Máx 9)</b>		
19:30 - 20:30 <b>BOOTY POWER (Máx 12)</b>	19:30 - 20:30 <b>BODY COMBAT LES MILLS (Máx 9)</b>	19:30 - 20:30 <b>BODY PUMP LES MILLS (Máx 8)</b>	19:30 - 20:30 <b>BODY COMBAT LES MILLS (Máx 9)</b>	19:30 - 20:30 <b>DANCE FIT (Máx 12)</b>		
21:00 - 21:45 <b>TONIFICACIÓN (Máx 12)</b>	21:00 - 21:45 <b>CORE (Máx 12)</b>	21:00 - 21:45 <b>BACHATA (Máx 18)</b>	21:00 - 21:45 <b>BACHATA (Máx 18)</b>	21:00 - 21:45 <b>BACK POWER (Máx 12)</b>		